

RISE  
AND  
DINE

  
P&O CRUISES

## Why not relax and unwind with breakfast in bed?

Fill in your favourites below and hang this  
outside your cabin before 10pm.

Please indicate how many of each item within the boxes.

<b>Fruit Juices &amp; Smoothie (v) (gf)</b>	
Orange Juice	
Apple Juice	
Pineapple Juice	
Smoothie of the Day	

<b>Yoghurt (gf)</b>	
Natural (v)	
Fruit	
Soya (v)	

<b>Fruit (v) (gf)</b>	
Grapefruit Segments	
Fruit Salad	

<b>Cereals (v)</b>	
Cornflakes	
Rice Krispies	
Alpen	
All Bran	
Weetabix	
Granola	

<b>From the Bakery (v)</b>	
Croissant	
Pain au Chocolat	
Blueberry Muffin	
Double Chocolate Muffin	
Butter	
Strawberry Jam	
Raspberry Jam	
Honey	

<b>Time</b>	
7.00 - 7.30	
7.30 - 8.00	
8.00 - 8.30	
8.30 - 9.00	
9.00 - 9.30	
9.30 - 10.00	
10.00 - 10.30	
10.30 - 11.00	

<b>No. of people</b>		<b>Cabin no.</b>	
<b>Morning date</b>			
<b>Name</b>			
<b>Signature</b>			

A delivery charge of £2.50 applies

(v) Denotes vegetarian. (gf) Denotes gluten free

Some of our products may contain allergens. If you are sensitive to any of these, please speak to a member of staff before dining. Please note that some of these dishes may contain nuts or nut extracts.