

HORIZON

**Qatar
2022**

Wednesday 14 December 2022

Sunrise: 8.42am - Sunset: 4.30pm | Weather: Sunny and Light Wind | Temp: -1°C

Tonight's dress code:

Evening Casual

Smart dark denim or trousers and a nice top, open-neck shirts, skirts and dresses (but no tracksuits, football shirts or trainers please).



Mix & Match - Build The Perfect Spa Package

Choose any combination of two treatments (50 minutes total) - Only £79.
Or any combination of three treatments (75 minutes total) - Only £99

- Back, neck and shoulder massage
- Full body exfoliation
- Pressure point foot and ankle massage
- Soothing scalp massage
- Nourishing hand and arm massage
- Skin specific mini facial
- Shampoo and Blow Dry

Upgrade your back, neck and shoulder massage with hot stones for only £20 extra

8.00am-10.00pm Oasis Spa (Deck 6) Forward



Welcome to Rotterdam

Arrival: 7.00am

Overnight in Port



The beautiful city of Rotterdam offers leafy canal walks, unusual boutiques and offbeat pavement cafés. The 17th century Delfshaven neighbourhood is home to canalside shopping and the Pilgrim Fathers Church is where pilgrims worshipped before sailing to America.

Currency: € Euro

Euro for your purchases whilst ashore are on sale at Reception. Please note, we cannot accept foreign coins and 500 Euro notes.

Concierge Postage Rate

Please see Reception to post any mail today which will be charged to your on-board account. Last post leaves the ship two hours before departure.

Should you have any queries or concerns while you are ashore, please contact our Port Agent:

Patrick van Wijland

55 North Europe, P.O. Box 5696, 3008 AR
Rotterdam, The Netherlands
Email: cruise-nl@s-5.org
Tel.: +31 10 506 2000 (24 hrs)
Mobile: +31 6 22 47 07 59

European Emergency Number

112 is the European emergency number, available free of charge, 24/7, anywhere in the European Union. Citizens can dial 112 to reach the emergency services, including the police, emergency medical services and the fire brigade.

To contact Iona: Tel: 00870 7732 58564
Debit/credit card details will be required to call this number.

Winter Sun in November 2023

Join Iona for 14 nights as she sails to Vigo, Alicante, Barcelona, Cadiz, Lisbon and Brits home in the sun Gibraltar. With select fares starting as low as £879pp you can book onboard with a low £50pp deposit to receive on-board spending money starting from £190 per cabin

8.00am-11.00am & 4.00pm-8.00pm

Loyalty & Cruise Sales (Deck 7) Aft



Headliners Theatre Company Presents - Deck The Halls



'Tis the season to be jolly so join the Headliners Theatre Company for an evening of festive fun. We celebrate the season with songs made famous by artists such as Slade, Shakin' Stevens, Elton John and Wizzard. So here it is.....Merry Christmas! This show will be repeated tomorrow. My Holiday booking required.

6.45pm, 8.30pm & 10.30pm

Headliners Theatre (Decks 6 & 7) Forward



TRIBOO

Enter the arena, where two ancient tribes - the Sun and the Moon - clash. Who will be the fastest, go the highest, be the most daring? Iona's awesome SkyDome is the perfect setting for this thrilling show.

7.30pm, 9.00pm & 10.30pm SkyDome (Decks 16 & 17) Midship



Comedian - Mark Maier

A seasoned cruise comic, come and hear Mark's observations on life in general as well as his talent as an hilarious storyteller

8.00pm, 9.30pm and 11.00pm The Club House (Deck 8) Aft



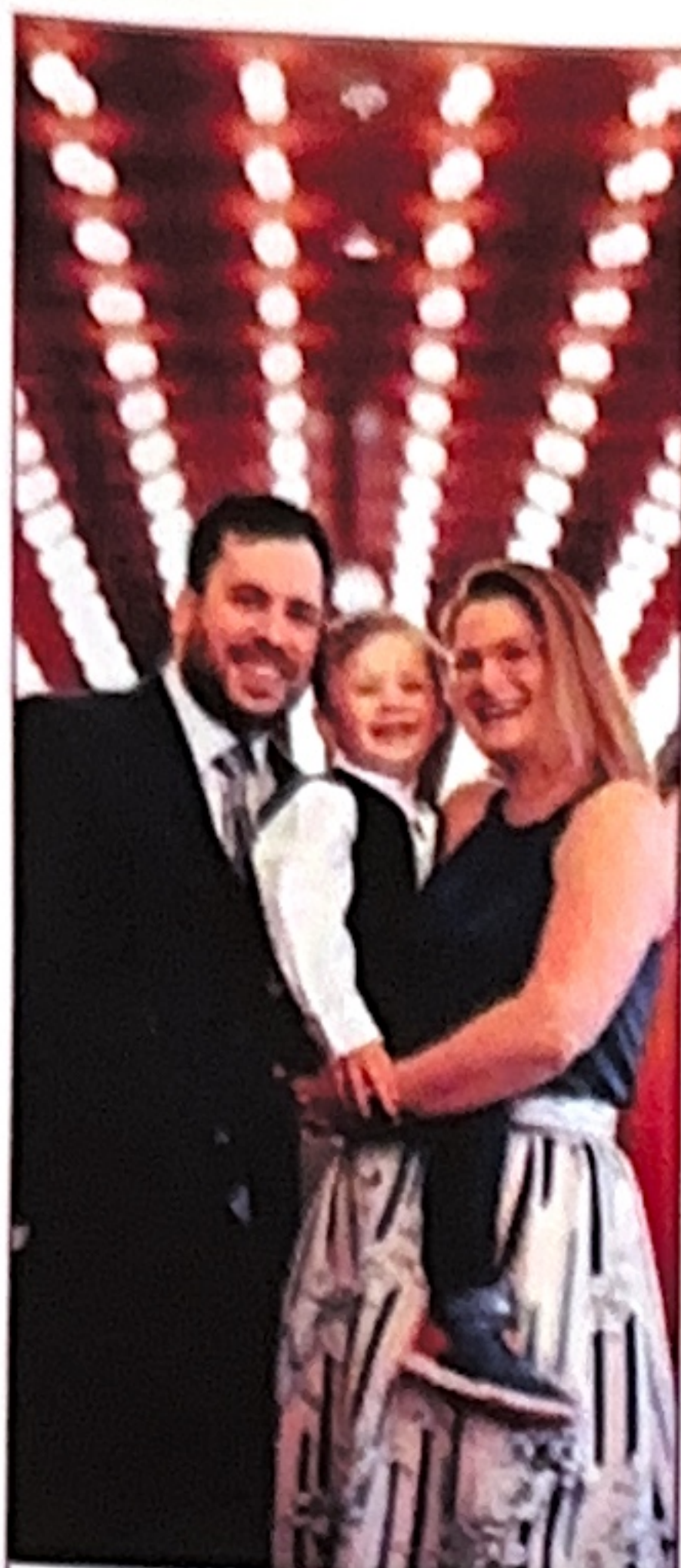


Photo Offer: 10 For 150

Save 40% with our
10 Photo Package

From the original price
of £250 you can now
purchase your holiday
memories for £150.

Speak to one of our
friendly photographers
who will help create the
perfect package.

6.00pm
The Photo Hub
(Deck 7) Midship

THE
PHOTO
HUB

Explore Ashore...

Going on a Shore Experience?

Here's some handy hints to make it a little easier:

- On arrival in port, please don't head to the gangways until after the 'Welcome' announcement has been made from the bridge.
- The **gangway locations and coach numbers** for tours before **10.30am** are **shown on the digital screens** positioned on all guest staircases.
- Please meet on the quayside for your tour 15 minutes before the departure time.
- Once ashore, the Shore Experiences team will be available to guide you to your specific tour meeting point.
- Have your cruise cards & tour tickets handy as you head to the gangway.

Enjoy your experience ashore.

From 7.00am

7.00am - MORNING STRETCH

Enjoy a free fitness class with our Personal Trainer.
Oasis Gym (Deck 5) Forward

8.00am - PILATES

A great form of toning and strengthening exercise at 'entry level'. Join our Personal Trainers as they help you stretch and burn calories. (A nominal fee applies for this class.)

Oasis Gym (Deck 5) Forward

9.00am - FREE FOOTPRINT CLINIC

Join our Foot Specialist at this free seminar and learn what Good Feet can do for you. Free footprint analysis for all who attend.

Oasis Gym (Deck 5) Forward

10.00am - THEME QUIZ - POT LUCK

Join your host of Brodie's as they test your knowledge in today's themed challenge.

Brodie's (Deck 7) Forward

10.00am - TRAVELLING SOLO - ASHORE

A chance for solos to meet and make plans to explore ashore. This is an un-hosted event.

Grand Atrium (Deck 6) Midship

10.00am - WALK IN SKIN ANALYSIS BAR

Drop by for a free skin analysis by our team of qualified beauticians and find out how they can help you achieve truly radiant skin. No appointment necessary.

Oasis Spa (Deck 6) Forward

10.00am - TIK TOK TEENS WORKSHOP FOR 9-17 YEAR OLDS

See back page for details.

The Club House (Deck 8) Aft

10.00am-Noon - SPORTS HUB

Collect all your deck games and sporting equipment: Shuffleboard, Deck Quoits, Table Tennis, Football, Basketball and Golf. (Weather permitting)

Deck Games (Deck 17) Aft, Starboard Side

11.00am - FITSTEPS

A dance fitness class put together by Strictly Dancers Ian Waite and Natalie Lowe. A mix of graceful ballroom and upbeat Latin dance steps in a fun routine to keep you fit. No partner required. Suitable footwear should be worn.

The Limelight Club (Deck 6) Forward

Noon - LINE DANCING

Try something fun and different today with a lively line dancing class. All ages and abilities welcome. Suitable footwear should be worn.

The Limelight Club (Deck 6) Forward

12.15pm - ARCHERY

Try your hand at archery this holiday and take a new skill back home. Suitable footwear should be worn. Weather permitting.

Arena Sports Court (Deck 19) Aft

From 1.00pm

1.00pm - INTERACTIVE KARTING

Fun in Brodie's today, as we find out who will be victorious in this interactive karting game!

Brodie's (Deck 7) Forward

1.30pm-5.00pm - SPORTS HUB

Collect all your deck games and sporting equipment: Shuffleboard, Deck Quoits, Table Tennis, Football, Basketball and Golf. (Weather permitting)

Deck Games (Deck 17) Aft, Starboard Side

2.00pm - FAMILY PORT QUIZ

Calling all port explorers! Come and collect a quiz from The Reef. Return your quiz by 8pm tomorrow for entry into the prize draw.

The Reef (Deck 17) Midship

2.30pm - KILLER POOL

Join one of your Entertainment Team for this classic pub game.

Brodie's (Deck 7) Forward

3.00pm - GOLF PARTEE

This hybrid pong and putt golf game is a hole in one with its easy rules and exciting fun. Suitable footwear should be worn.

The Limelight Club (Deck 6) Forward

3.00pm - REFLEXOLOGY FOR ALL CONCERNS

Join our Reflexology Specialist for this free session to learn about the benefits of this ancient technique, which aids relaxation and can ease aches and pains.

The 710 Club (Deck 6) Midship

3.30pm - FAMILY BINGO

Come and join the Youth Team for our fun Family Bingo, you must be in it to win it!

The Club House (Deck 8) Aft

4.00pm - TOUR DE CYCLE

During this unique cycling class, enhance your cardiac and physical capacity whilst stimulating your metabolism. Limited space is available. Sign up at the Health Club to reserve your bike. (A nominal fee applies for this class.)

Oasis Gym (Deck 5) Forward

4.00pm - NEXT GENERATION SKINCARE: Free Collagen Eye Treatment

Join your Skin Specialist at this informative seminar to learn how one of our most advanced skin treatments can help with some of your most common concerns, including ageing, scarring, pigmentation, acne, rosacea and many more. A free Collagen Eye Treatment for all who attend.

The 710 Club (Deck 6) Midship

5.00pm - WALK IN COMFORT WITH GOOD FEET

Would you like to walk in com-fort, align your skeletal system, and ease those aches and pains? Join our Foot Specialist at this free seminar and learn what Good Feet can do for you! A free footprint analysis for all who attend.

Oasis Gym (Deck 5) Forward

5.00pm - INDIVIDUAL QUIZ

Twenty general knowledge questions for individual guests not as teams.

Brodie's (Deck 7) Forward

5.00pm - LGBTQ+ GET TOGETHER

A chance to meet your fellow LGBTQ+ guests in this un-hosted get-together.

The Crow's Nest (Deck 17) Forward

6.00pm - TOTAL BODY CONDITIONING

Enjoy a free fitness class with our Personal Trainer.

Oasis Gym (Deck 5) Forward

6.00pm - 6 O'CLOCK CHALLENGE

Join your Entertainment Host for tonight's challenge.

Brodie's (Deck 7) Forward

6.00pm - 6.45pm COCKTAIL PIANIST - JOSH NESBITT

Sit back, relax and enjoy some all-time musical favourites from our cocktail pianist Josh.

Grand Atrium Piano Bar (Deck 6) Midship

6.00pm - 10.00pm PHOTO OF THE DAY: REFLECTION

Try our most modern portrait setup, perfect for a profile photo change or a timeless print. Find our photographer tonight at the Atrium Casino entrance.

Grand Atrium (Deck 7) Midship

From 6.45pm



6.45pm - HEADLINERS THEATRE COMPANY PRESENTS - DECK THE HALLS



See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

7.00pm - THE 710 CLUB - THE NATIONS NO. 1S



"At The Nations No. 1s, I want you to be able to learn forward, smile, and hear the greats like it's your first time listening." - Gary Barlow, Music Director. Spaces in The 710 Club are limited, please book in advance using My Holiday. Make sure you arrive before the performance begins to guarantee your booking - as seating is first come, first served. The doors will open 30 minutes before the performance starts, so order a drink and enjoy the live music experience.

The 710 Club (Deck 6) Midship

7.30pm - 8.15pm COCKTAIL PIANIST - JOSH NESBITT

Cocktail pianist Josh presents more of your favourites.

Grand Atrium Piano Bar (Deck 6) Midship

7.30pm - TRIBOO

See front page for details.

SkyDome (Decks 16 & 17) Midship

8.00pm - LIVE QATAR WORLD CUP 2022

France v Morocco. See back page for details

Brodie's (Deck 7) Forward

8.00pm - COMEDIAN - MARK MAIER

See front page for details.

The Club House (Deck 8) Aft

8.30pm - HEADLINERS THEATRE COMPANY PRESENTS - DECK THE HALLS



See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

8.45pm - THE 710 CLUB - THE NATIONS NO. 1S

See 7.00pm for details.



The 710 Club (Deck 6) Midship

9.00pm - TRIBOO

See front page for details.

SkyDome (Decks 16 & 17) Midship

9.15pm - 10.00pm - PIANO VOCALIST - DAVID REID

Relax and enjoy some all-time musical favourites from piano vocalist David Reid.

The Crow's Nest (Deck 17) Forward

9.30pm - COMEDIAN - MARK MAIER

See front page for details.

The Club House (Deck 8) Aft

9.30pm - 10.15pm COCKTAIL PIANIST - JOSH NESBITT

Josh is back with more piano classics.

Grand Atrium Piano Bar (Deck 6) Midship

10.15pm - 11.00pm - PIANO VOCALIST - DAVID REID

David Reid is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

10.30pm - 11.00pm THE LIMELIGHTS

See back page for details.

The Limelight Club (Deck 6) Forward

10.30pm - HEADLINERS THEATRE COMPANY PRESENTS - DECK THE HALLS

See front page for details.

Headliners Theatre (Decks 6 & 7) Forward

10.30pm - TRIBOO

See front page for details.

SkyDome (Decks 16 & 17) Midship

10.30pm - THE 710 CLUB - THE NATIONS NO. 1S

See 7.00pm for details.



The 710 Club (Deck 6) Midship

10.45pm - 11.30pm COCKTAIL PIANIST - JOSH NESBITT



More of your musical favourites with Josh Nesbitt.

Grand Atrium Piano Bar (Deck 6) Midship

From 11.00pm



11.00pm - COMEDIAN - MARK MAIER

See front page for details.

The Club House (Deck 8) Aft

11.15pm - Midnigh - THE LIMELIGHTS

See back page for details.

The Limelight Club (Deck 6) Forward

11.15pm-Midnight - PIANO VOCALIST - DAVID REID

David Reid is back at the piano with more of your favourites.

The Crow's Nest (Deck 17) Forward

11.30pm-Late - LATE NIGHT AT THE CLUB HOUSE

After an evening of entertainment, the lights turn down and the fun continues into tomorrow. Let the late-night DJ rock you as you step into The Club House after-hours party.

The Club House (Deck 8) Aft

12.15am - THE 710 CLUB - THE NATIONS NO. 1S

See 7.00pm for details.



The 710 Club (Deck 6) Midship



Booking your space is necessary via My Holiday or by dialling 7070.



The majority of our entertainment programme is family friendly, however please see our recommended highlights of the day.

Showing Today At Ocean Studios



Top Gun Maverick

Studio 1 - 9.00am, Noon, 3.00pm, 6.00pm & 9.00pm

Studio 2 - 9.15am, 12.15pm, 3.15pm, 6.15pm & 9.15pm

Starring: Tom Cruise, Jennifer Connelly, Miles Teller

Rated: 12A

Running Time: 2hrs 10mins

After thirty years, Maverick is still pushing the envelope as a top naval

aviator, but must confront ghosts of his past when he leads TOP GUN's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.



Dr. Seuss' How The Grinch Stole Christmas (2000)

Studio 3 - 10.15am, 3.00pm, 7.00pm & 10.00pm

Starring: Jim Carrey, Taylor Momsen Kelley

Rated: PG

Running Time: 1hr 44mins

On the outskirts of Whoville lives a green, revenge-seeking Grinch who plans to ruin Christmas for all of the

citizens of the town.



SEE HOW THEY RUN 2022

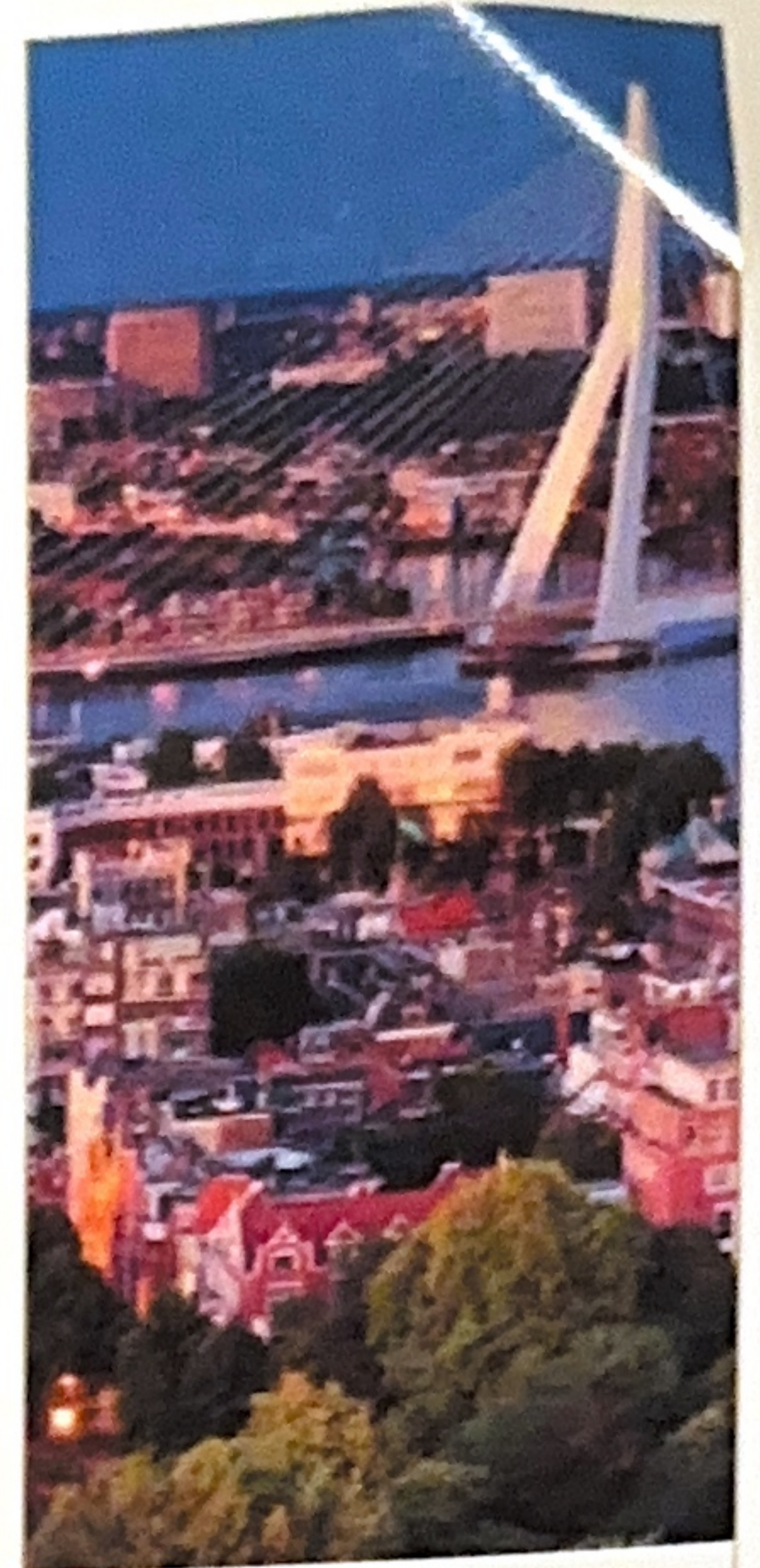
Studio 4 - 10.30am, 1.30pm, 4.30pm & 7.30pm

Starring: Kieran Hodgson, Pearl Chanda, Gregory Cox

Rated: 12A

Running Time: 1hr 38 mins

In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered.



Belgian Chocolate Making and free time

Get hands on and learn from a local professional chocolatier during this one-of-a-kind experience.

Find out everything you need to know about the chocolate making process as you blend the ingredients to make your own sweet treats.

Of course, the proof of the praline is in the eating, and you'll get to taste different delicious varieties of the finished product and take your own creations home to give to the family (if you don't eat them first!).

8.00am-10.00am
Shore Experiences
(Deck 7) Aft