

DAY 4

Thursday, October 20, 2022
At Sea

GOOD TO KNOW

	DECK	TIME
Entertainment Today with your Cruise Director, Mario	Channel 1	10:00 pm - noon
Junior Cruisers' Curfew		1:00 am

THINGS TO DO

	DECK	TIME
Meet and Greet with the Officers, Esplanade	4	10:00 am - 10:30 am
Friends of Bill W. (Self-led), Manhattan Room	4	10:00 am - 11:00 am
Sushi Making, Izumi Restaurant (\$)	5	10:00 am
Grand Opening Art Auction Registration, Boleros	4	11:00 am - 11:30 am
Poker Sit'n'Go Tournament (\$), Casino Royale	3	11:00 am - noon
Veteran's Gathering (Self-led), Manhattan Room	4	11:00 am - noon
Grand Opening Art Auction, Boleros	4	11:30 am - 12:15 pm
Open Play: Bridge Play (Self-Led), Manhattan Room	4	1:00 pm - 3:30 pm
Moet Chandon Tasting (\$), Chef's Table	5	2:00 pm - 3:00 pm
Single and Solo Travellers Get Together (Self-led), Vintages	5	5:00 pm - 6:00 pm
Casual Studios Portraits, Royal Esplanade	4	6:00 pm - 8:00 pm
LGBTQIA+ Get Together (Self-led), Vintages	5	7:00 pm - 8:00 pm
\$100 Snowball Raffle Draw (\$), Casino Royale	3	10:00 pm - 10:15 pm
Hot Seat Draw (\$), Casino Royale	3	11:00 pm - midnight

SPA, FITNESS & RETAIL THERAPY

	DECK	TIME
Abs Class, Vitality Fitness Center	16	7:00 am - 7:30 am
TRX Suspension Training(\$), Vitality Fitness Center	16	8:00 am - 8:45 am
RYDE Indoor Cycling, Vitality Fitness Center	16	9:00 am - 9:45 am
Free Massage Tasters, Vitality Spa	15	9:30 am - 11:00 am
Save at the 2 for \$25 Tees Event, Royal Esplanade	4	10:00 am - 4:00 pm
Jewelry Savings & Deals at Inch of Gold Sale, Royal Esplanade	4	10:00 am - 8:00 pm
Sparkle & Bling Jewelry Sale Starting at \$9.99, Royal Esplanade	4	10:00 am - 9:00 pm
Try on Swarovski Jewelry, Prince+Greene	4	10:00 am - 10:00 pm
Seminar: Healing Chronic Pain with Acupuncture, Vitality Spa	15	10:30 am - 11:00 am
Seminar: Targeted Wrinkle Treatments, Vitality Spa	15	11:00 am - 11:30 am
Detox For Health and Weight Loss, Vitality Fitness Center	16	11:00 am - 11:45 am
Liquor & Tobacco Sale: Tax & Duty Free, Royal Shops	4	11:00 am - 10:00 pm
Save on a New Classic from Bvlgari, Bvlgari Boutique	5	11:00 am - 10:00 pm
Free Ladies Pamper party, Vitality Spa	15	1:00 pm - 2:00 pm
Spend \$75 on Cosmetics, Get a Free Gift, Beauty Shop	15	3:00 pm - 4:00 pm
Free Massage Tasters, Vitality Spa	15	3:00 pm - 4:00 pm
Effy Shopping Spree, Regalia Fine Jewellery	4	3:00 pm - 4:00 pm
Arthritis and Back Pain Solutions, Vitality Spa	15	4:00 pm - 4:30 pm
Pure Form Pilates (\$), Vitality Fitness Center	16	4:00 pm - 4:45 pm
Seminar - A Slimmer You, Vitality Spa	15	4:30 pm - 5:00 pm
Vitality Stretch, Vitality Fitness Center	16	6:00 pm - 6:30 pm
Your Photo On 3D Crystal, Focus Photo Gallery	5	7:30 pm - 10:00 pm
Ladies night, Regalia Fine Jewellery	4	8:30 pm - 9:30 pm
Designer Diamond Showcase, Regalia Fine Jewellery	4	9:30 pm - 11:00 pm

ENTERTAINMENT

	DECK	TIME
Stretch in the Morning, Two70°	5	8:30 am - 9:00 am
Morning Mass with Father Dave, Music Hall	3, 4	8:45 am - 9:30 am
Walk A Mile, Jogging Track	15	9:00 am - 9:30 am
Sit To Be Fit, Two70°	5	9:00 am - 9:30 am
Word Sudoku Challenge, Schooner Bar	5	9:30 am - 10:00 am
UK TV Quiz, Schooner Bar	5	10:00 am - 10:30 am

ENTERTAINMENT

	DECK	TIME
Morning Progressive Quiz: Round 2, Two70°	5	10:00 am - 10:45 am
Advanced Stand-Up Surfing, FlowRider	16	10:00 am - noon
North Star, (RR), North Star	15	10:00 am - 5:00 pm
A Quiz of Sport, Schooner Bar	5	10:45 am - 11:30 am
Navigational Talk with an Officer, Two70°	5	11:00 am - 11:45 am
Napkin Artistry, Music Hall	3, 4	11:15 am - 11:45 am
Adult Table Tennis Competition, SeaPlex	16	11:15 am - noon
The Longest Line Dance At Sea, Two70°	5	Noon - 12:45 pm
Mixed Wave, FlowRider	16	Noon - 3:00 pm
A-Z Scavenger Hunt, Schooner Bar	5	1:00 pm - 1:30 pm
Enrichment Lecture with Douglas Vermeeren - The Power of Gratitude, Two70°	5	1:00 pm - 1:45 pm
Family Rock Climbing Wall, Rock Wall	15	1:00 pm - 4:00 pm
The Table Quiz, Music Hall	3, 4	1:15 pm - 1:45 pm
Singers Visual Quiz, Music Hall	3, 4	2:00 pm - 2:30 pm
Star Wars Quiz, Schooner Bar	5	2:00 pm - 2:45 pm
Thriller Dance Class #2, Two70°	5	2:00 pm - 3:00 pm
Adult Cornhole Competition, SeaPlex	15	2:15 pm - 3:00 pm
Afternoon Quiz, Schooner Bar	5	3:00 pm - 3:30 pm
Enrichment Lecture with William & Sue - Presidents and their First Ladies: Richard and Pat Nixon, Music Hall	3, 4	3:00 pm - 3:45 pm
A Royal Mystery by Puzzle Break, Two70°	5	3:30 pm - 4:30 pm
Musical Theatre Dance Class with the Royal Caribbean Dancers, Music Hall	3, 4	4:00 pm - 4:30 pm
Scattergories, Schooner Bar	5	4:00 pm - 4:45 pm
Bumper Cars, SeaPlex	15	4:00 pm - 7:00 pm
Name That Tune: British TV Themes, Two70°	5	4:30 pm - 5:00 pm
James Bond Quiz, Schooner Bar	5	5:00 pm - 5:45 pm
Family Science, Adventure Ocean Science Lab	12	5:15 pm - 6:00 pm
Pub Quiz, Pub	4	6:00 pm - 6:30 pm
Name that Tune: Beatles Vs Queen, Schooner Bar	5	6:00 pm - 6:45 pm
Evening Progressive Quiz: Round 3, Music Hall	3, 4	7:00 pm - 7:45 pm
Open Play Basketball, Sports Court	15	7:30 pm - 10:00 pm
Open Play Soccer (Half Court), SeaPlex	15	7:30 pm - 10:00 pm
Variety Showtime starring Jamie Allen, Royal Theatre	4, 5	8:00 pm - 8:45 pm
60 Seconds or Less Game Show, Music Hall	3, 4	8:00 pm - 9:00 pm
Family Karaoke, Boleros	4	8:15 pm - 9:30 pm
Finish That Lyric Game Show, Two70°	5	9:00 pm - 10:00 pm
Variety Showtime starring Jamie Allen, Royal Theatre	4, 5	10:00 pm - 10:45 pm
Icon Welcome Party, Royal Esplanade	4, 5	11:00 pm - 11:45 pm

LIVE MUSIC

	DECK	TIME
Caribbean Tunes with Tropical Band, Pool Deck	14	12:45 pm - 1:30 pm**
Caribbean Tunes with Tropical Band, Pool Deck	14	2:00 pm - 2:45 pm**
Poolside Tunes with DJ Hei Dou, Pool Deck	14	3:45 pm - 4:30 pm
Caribbean Tunes with Tropical Band, Boleros	4	4:30 pm - 5:15 pm
Poolside Tunes with DJ Hei Dou, Pool Deck	14	5:30 pm - 6:30 pm
Caribbean Tunes with Tropical Band, Boleros	4	7:15 pm - 8:00 pm
The Dukes LIVE, Two70°	5	8:00 pm - 8:45 pm
Evening Guitar Melodies with Phil James, Featured Guitarist of 'We Will Rock You', Schooner Bar	5	9:15 pm - 11:00 pm*
Caribbean Tunes with Tropical Band, Boleros	4	9:45 pm - 10:30 pm
Rock Radio Dukes FM, Two70°	5	10:00 pm - 11:00 pm
Nightclub Experience with DJ Hei Dou (18+), Music Hall	3, 4	11:45 pm - late

*Entertainers will take periodic breaks.

**Weather permitting.

(RR) Reservations Required



If you are experiencing any of the symptoms below, do not leave your stateroom and call the Medical Center immediately at extension 51 to make an appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue; Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea