

HORIZON

Gold

A dynamic live music event

Friday 6 May 2022

Sunrise: 6.15am - Sunset: 9.25pm

Tonight's dress code

Evening Casual

Dress as you would for dinner in a nice restaurant; smart dark denim or trousers and a nice top, open-neck shirts and dresses (but no tracksuits, football shirts or trainers please).



Painting the town with Banksy and Mr Brainwash

Street Art has become one of the hottest genre's in art with arguably the steepest incline in auction prices over the last decade compared to any other genre! Join your on board Art Director to uncover the world of Banksy as well as an artist taking the art world by storm, our very own Mr. Brainwash!

1.00pm Havana (Deck 7) Aft



£5,000 Mega-jackpot Bingo – The Final Day

This afternoon is your last chance to try your luck at the mega-jackpot of £5,000. Tickets are available for purchase from 10.00am at the Casino Cash Desk and in Havana from 3.00pm. Avoid the last minute rush and buy your tickets early.

4.15pm Havana (Deck 7) Aft

Last Day Special

Enjoy getting pampered during your last day on board with these exclusive offers: Elemis Deep Tissue or Elemis Aroma Stone Therapy Massage at £20 off; £20 off Elemis Facials with a Free Eye or Neck Add-on Treatment; Iointhermie Cellulite Reduction Treatment for £85 (Save £20); 20% off any Color Salon Services with free consultation; Deluxe Manicure & Pedicure for £57 (Save £20) or 20% off any Gents' Grooming Treatments. Go back home feeling relaxed and looking your best.



8.00am-9.00pm Oasis Spa (Deck 16) Forward

Oris Seminar

Oris' beginnings lie in Holstein, a beautiful Swiss village surrounded by the majestic Waldenburg Valley. The company was founded in 1904 by two ambitious entrepreneurs, who had a vision to make beautiful, high quality and affordable watches for hard-working world citizens. Come and join this fascinating talk and learn more about our new on board brand, Oris and enjoy tax and duty free prices.



3.15pm Havana (Deck 7) Aft

Vocalist – Rosie Sings

Join our lovely resident Vocalist Rosie, this evening for more songs from her vast repertoire, musically accompanied by The Ventura Orchestra under the direction of Donny Bennett.



7.00pm & 8.15pm The Tamarind Club (Deck 7) Midship

Headliners Theatre Company Present Paradise City

"Let There Be Rock!" A timeless tale of love and loss is set against an incredible rock soundtrack and stunning choreography. Waitress by day and Rock Goddess by night, will Layla's dream of rocking more than just the local coffee shop ever become a reality? Can she leave her friends and family behind to pursue her dream of stardom? And how many classic rock tunes can we actually fit in? All the answers, and more, wait behind the doors of Paradise City. It's time to turn the volume up to 11! (Please note that stroboscopic lighting and water-based theatrical haze will be used in this performance)



8.30pm & 10.30pm Arena Theatre (Deck 6 & 7) Forward

Gold With PULSE

Feel the 80s come to life. The chance to relive the days of perms, shoulder pads and acid-washed jeans. It's time to celebrate the golden magic of the 80s! Feel the decade come alive with killer DJ sets.



7.30pm, 9.00pm & 10.30pm Havana (Deck 7) Aft

Today's Activities

P&O CRUISES

Holiday your way with My Holiday

Our digital pocket planner makes life on board a breeze



 **Book a shore experience**

 **View your on-board account**

 **Book a seat for a show**

 **Make a dining reservation or join a virtual queue**

To get started, connect to the ship's free Wi-Fi and visit myholiday.pocruses.com

From 7.30am

- 7.30am – STRETCH AND RELAX**
Enjoy a free fitness class with Personal Trainer, Shanice.
Health Club (Deck 16) Forward
- 8.00am – PATHWAY TO YOGA**
A fantastic entry-level class to help you stretch, de-stress and relax during your cruise. (A nominal fee applies).
Health Club (Deck 16) Forward
- 9.00am – TOTAL BODY CONDITIONING**
A total body workout class, hosted by Personal Trainer, Shanice.
Health Club (Deck 16) Forward
- 9.00am – TAPPY TOES FOR UNDER TWO'S**
Dance, Music and Sensory Classes for 0-2 years with Tappy Toes. Come and see what all the fun is about! Lots of sensory props and puppets and a variety of upbeat and funky music to really get them moving. We guarantee Tappy Toes will put a smile on your little ones face!
The Ivory Suite (Deck 16) Forward
- 9.00am – SPORTS HUB**
Visit the Sports Hub throughout the day to help yourself to our great Sporting Equipment, from Deck Quoits to Shuffleboard and so much more. We politely request that guests return the equipment to the Sports Hub after use and to use hand sanitiser before and after using the equipment.
Beachcomber Pool (Deck 16) Midship
- 9.30am – TRAVELLING SOLO GET TOGETHER**
Meet fellow travelling solo guests for a chat. This will be on the port side of the Glass House.
The Glass House (Deck 7) Forward
- 10.00am – TERRY PRICE'S STUNT SCOOTER COACHING FOR 5-8 YEAR OLDS**
Fun and engaging scooter coaching workshops with professional scooter rider Terry Price, bringing your level of skill up and progressing throughout, whether you are a beginner, intermediate or advanced rider. In case of wet weather, Terry will be hosting an alternative activity in Surfers Room. This is a signed out event.
Sports Court (Deck 19) Aft 
- 10.00am – ADULT DECK QUOITS COMPETITION**
Come along and meet fellow quoits players. Hosted by one of the Entertainment Team. (Suitable footwear must be worn)
*Weather permitting.
Sun Deck (Deck 16) Aft
- 10.00am – FIT STEPS**
Fitsteps is a dance fitness class put together by Strictly Dancers Ian Waite and Natalie Lowe. Hosted by member of the Entertainment team, the class is a mix of graceful ballroom and upbeat Latin dance steps put together into a fun routine which gets you fit. You need no previous dance experience to dance like a Strictly Come Dancing star. No partner required. (Suitable footwear must be worn.)
The Tamarind Club (Deck 7) Midship
- 10.00am – FREE DRINKS**
See back page for details.
Fortunes Casino (Deck 6) Forward
- 10.15am – PAIN MANAGEMENT WITH ACUPUNCTURE**
Learn about conventional and alternative solutions to minimise painful symptoms.
The Ivory Suite (Deck 16) Forward
- 10.30am – THEME QUIZ - TRANSPORT**
Join a member of the Entertainment Team as they set the questions in today's transport themed challenge. From cars to trains, come along a join in the fun!
The Exchange (Deck 6) Forward

From 10.30am

- 10.30am – TOP 10 BEAUTIFUL AND TRENDING GEMSTONES**
Whilst all gemstones are rare, there are certain varieties which are extremely rare and yet still affordable. Please join our Guest Jeweller Sal, for the unveiling of the top 10 most beautiful gemstones on board. It is a gemstone lover's paradise of rare and trending gemstones. Be sure to attend.
Havana (Deck 7) Aft
- 10.30am – TAPPY TOES FOR 2-4S**
Creating life-ready children, one dance step at a time with Tappy Toes! Dance and Movement classes for your 2-4 year olds. Dancing and singing to a variety of upbeat music using dance ribbons, pom-poms, musical instruments and more! See your child's confidence blossom in a Tappy Toes class on board!
The Reef (Deck 16) Aft
- 11.00am – DANCE CLASS WITH PAMELA & PETER**
Calling all guests with two left feet. Learn to dance and leave your left foot behind. Come along and learn the beginners' Jive. No partner is required, enjoy learning to dance and have fun. Please wear suitable shoes No flip flops.
Atrium (Deck 5) Midship
- 11.00am – BURN FAT FAST**
We need energy to move. Our body burns fat to create energy. So why is it so hard to burn fat? Lose weight and increase your energy levels? Let your Personal Trainer, Shanice, explain it all to you.
Health Club (Deck 16) Forward
- 11.00am – TERRY PRICE'S STUNT SCOOTER COACHING FOR 13-17 YEAR OLDS**
Fun and engaging scooter coaching workshops with professional scooter rider Terry Price, bringing your level of skill up and progressing throughout, whether you are a beginner, intermediate or advanced rider. In case of wet weather, Terry will be hosting an alternative activity in H2O Room. This is a signed out event.
Sports Court (Deck 19) Aft 
- 11.00am – SHOW ME THE MONET**
See back page for details.
Whitewall Galleries (Deck 5) Atrium
- 11.00am – FILM: MARRY ME**
See Showing Today for details.
The Tamarind Club (Deck 7) Midship
- 11.15am – ADULT TABLE TENNIS COMPETITION**
Join a member of the Entertainment Team for this fun competition. (Please note suitable footwear must be worn).
Beachcomber Pool (Deck 16) Midship
- Noon – BATTLE OF THE SEXES - THE FINAL**
Join members of the Entertainment Team for the final day of this fun challenge. Who will win, the men or the women.
The Exchange (Deck 6) Forward
- Noon – CHINESE HERBAL REMEDIES**
See back page for details.
Oasis Spa (Deck 16) Forward
- 12.15pm – BUSKER JAKE RIZZO**
Busker, Jake, plays in the heart of Ventura.
Atrium (Deck 5) Midship

From 1.00pm

1.00pm – PAINTING THE TOWN WITH BANKSY AND MR BRAINWASH

See front page for details.
Havana (Deck 7) Aft

1.00pm – HAIR SHOW: THE ULTIMATE CUT

Join our international team of Hair Stylists for this fun hair show where one lucky winner will be chosen to receive a free cut and style live on stage. Learn which hairstyles and colours complement or clash with your body shape, face shape, skin tone, lifestyle and even clothing. Free consultations are available for all that attend.

The Ivory Suite (Deck 16) Forward

1.00pm – INTERACTIVE BOWLING

Join one of your Entertainment Team for this fun interactive challenge.

The Exchange (Deck 6) Forward

1.00pm – ARCHERY COMPETITION

Join a member of the Entertainment Team for a fun and exciting archery session. This competition is for anyone aged 12 and above and under 18s must be accompanied by a parent or guardian. (Please note this event is limited to 20 players and suitable footwear must be worn. Long sleeved clothing is recommended).

Sports Court (Deck 19) Aft

1.00pm – FILM: MOONFALL

See Showing Today for details.

Arena Theatre (Deck 6 & 7) Forward

2.00pm – LINE DANCING

Yee-hai! Join a member of the Entertainment Team for this fun and energetic class.
(Suitable footwear must be worn).

Atrium (Deck 5) Midship

2.00pm – AFTERNOON SYNDICATE QUIZ

Join members of your Entertainment Team for the afternoon's edition of this traditional cruising general knowledge quiz. Play in teams of up to six to be in for a chance of winning this afternoon's prize.

Havana (Deck 7) Aft

2.00pm – RELIEVE BACK PAIN AND WALK IN COMFORT

Overcome endless lower back pain, aching shoulders and foot problems with a few tips from our expert. Come along and receive a free foot analysis to address your individual concerns.

Health Club (Deck 16) Forward

2.30pm – TAPPY TOES FOR 2-4S

Creating life-ready children, one dance step at a time with Tappy Toes! Dance and Movement classes for your 2-4 year olds. Dancing and singing to a variety of upbeat music using dance ribbons, pom-poms, musical instruments and more! See your child's confidence blossom in a Tappy Toes class on board!

The Reef (Deck 16) Aft

3.00pm – DANCE CLASS WITH PAMELA & PETER

Come along and add a new intermediate figure to your live repertoire and have fun whilst you are learning.

Atrium (Deck 5) Midship

3.00pm – FREE LADIES' PAMPER PARTY

Join the Oasis Spa Team for some "me time". Learn all the latest tips and tricks in the Health and Beauty industry. All attendees will receive a free Eye Collagen Treatment, free Neck and Bust Lifting Treatment and a free Sunglow Makeover. One hour of pure pampering. Call us to reserve a seat as spaces are limited.

Health Club (Deck 16) Forward

From 3.00pm

3.00pm – TERRY PRICE'S STUNT SCOOTER COACHING FOR FAMILIES

See back page for details.
Sports Court (Deck 19) Aft

3.00pm – ADULT SHUFFLEBOARD COMPETITION

Come along and meet fellow shuffleboard players. Hosted by one of the Entertainment Team. (Suitable footwear must be worn). *Weather permitting.

Sun Deck (Deck 16) Aft

3.15pm – ORIS SEMINAR

See front page for details.
Havana (Deck 7) Aft

3.30pm – JUKEBOX HERO

Put another dime in the jukebox with one of the Entertainment Hosts for this afternoon's fun music challenge.

The Exchange (Deck 6) Forward

4.00pm – LIQUID FACE LIFT

Join Dr. Andrea to learn more about how to instantly add volume to the lines around the mouth and chin for a natural, youthful appearance and erase the visible signs of aging. You can also improve the appearance of lipstick lines. Results are instant and long lasting.

Oasis Spa (Deck 16) Forward

4.00pm – TAPPY TOES FOR UNDER TWO'S

Dance, Music and Sensory Classes for 0-2 years with Tappy Toes. Come and see what all the fun is about! Lots of sensory props and puppets and a variety of upbeat and funky music to really get them moving, we guarantee Tappy Toes will put a smile on your little ones face!

The Ivory Suite (Deck 16) Forward

4.15pm – ADULT TABLE TENNIS COMPETITION

Join a member of the Entertainment Team for this fun competition. (Please note suitable footwear must be worn).

Beachcomber Pool (Deck 16) Midship

4.15pm – £5,000 MEGA-JACKPOT BINGO – THE FINAL DAY

See front page for details.
Havana (Deck 7) Aft

5.00pm – TOUR DE CYCLE

During this unique cycling class, develop your cardiac and physical capacity while increasing your metabolism. Limited spaces are available and sign-up at the Gym is essential to reserve your bike. (A nominal fee applies).

Health Club (Deck 16) Forward

5.15pm – INDIVIDUAL QUIZ

Join one of the Entertainment Team for today's twenty teasers.

The Exchange (Deck 6) Forward

6.00pm – STRETCH AND RELEASE

Learn how to relieve pain, improve flexibility, mobility, balance and posture using newly discovered ways of stretching and relieving fascia and other bodily connective tissue.

Health Club (Deck 16) Forward

6.30pm-7.15pm – BUSKER JAKE RIZZO

Pre dinner music with Busker, Jake.
Atrium (Deck 5) Midship

7.00pm – EARLY EVENING CHALLENGE

Join one of your Entertainment Team for this early evening quiz.

The Exchange (Deck 6) Forward



Double
your fun in the
Mediterranean
sun... with your
exclusive offer

Book a Mediterranean cruise holiday and we'll double the amount of on-board spending money you receive for booking on board.

You read that right... DOUBLE! And, yes, that really is on top of our current extra on-board spending money offer*. So, what are you waiting for?

Offer applies to all Mediterranean cruise holidays up until November 2023.

Visit your
Loyalty and Cruise
Sales team to
find out more

Low deposit
of just £50pp*

PLUS

Extra on-board
spending money

*T&Cs apply

Today's Activities



Jude's

– tuck into the cream of British

These mouth-watering, award-winning ice creams come in a range of tempting flavours, designed to wow your tastebuds.

Ask your server for details.

From 7.00pm

7.00pm – VOCALIST ROSIE SINGS

See front page for details.

The Tamarind Club (Deck 7) Midship

7.30pm – GOLD WITH PULSE

See front page for details.

Havana (Deck 7) Aft

7.45pm – EARLY EVENING DANCE DATE WITH PAMELA & PETER

A chance to dance all your favourite Ballroom, Latin and Sequence dances. Hosted by your Dance Instructors, Pamela and Peter.

Atrium (Deck 5) Midship

7.45pm-8.30pm – COCKTAIL PIANIST EVA MATE

Evening sounds with the sensational Cocktail Pianist, Eva.

Metropolis (Deck 18) Aft

8.00pm – FAREWELL PARTY

Your on board Art Team would like to invite you to join them for a farewell drink in the gallery this evening. This is a great opportunity to ask about those pieces that have intrigued you throughout the cruise and take advantage of this final chance to acquire a stunning piece of artwork. We hope you have had an excellent time with Whitewall Galleries here on the Ventura!

Whitewall Galleries (Deck 5) Atrium

8.15pm – VOCALIST - ROSIE SINGS

See front page for details.

The Tamarind Club (Deck 7) Midship

8.15pm-9.00pm – HAVANA NIGHTS

Join your resident DJ this evening, with more of your 80s favourites.

Havana (Deck 7) Aft

8.30pm – HEADLINERS THEATRE COMPANY PRESENTS PARADISE CITY

See front page for details.

Arena Theatre (Deck 6 & 7) Forward

8.30pm-9.15pm – BUSKER JAKE RIZZO

Evening sounds with the sensational Busker, Jake Rizzo.

The Exchange (Deck 6) Forward

9.00pm – GOLD WITH PULSE

See front page for details.

Havana (Deck 7) Aft

9.15pm-Midnight – COCKTAIL PIANIST EVA MATE

Evening sounds with the sensational Cocktail Pianist, Eva.

Metropolis (Deck 18) Aft

9.30pm – GAMESHOW - ALL ABOUT THE BLANK

Join members of your Entertainment Team for this new take on a game show classic, after all... It's all about the Blank!

The Exchange (Deck 6) Forward

9.30pm-11.00pm – EVENING DANCE DATE WITH PAMELA & PETER

A chance to dance more of your favourite Ballroom, Latin and Sequence dances. Hosted by your Dance Instructors, Pamela and Peter.

Atrium (Deck 5) Midship

9.30pm-Midnight – SILENT DISCO

Never let the volume limit your party! With two channels to choose from, how you dance the night away is completely up to you! Grab some headphones and dance like nobody is watching.

The Tamarind Club (Deck 7) Midship

From 9.45pm

9.45pm-10.30pm – HAVANA NIGHTS

Join your DJ with more 80s hits to get you in the party mood.

Havana (Deck 7) Aft

10.30pm – HEADLINERS THEATRE COMPANY PRESENTS PARADISE CITY

See front page for details.

Arena Theatre (Deck 6 & 7) Forward

10.30pm – GOLD WITH PULSE

See front page for details.

Havana (Deck 7) Aft

10.30pm – BUSKER JAKE RIZZO

Evening sounds with the sensational Busker, Jake Rizzo.

The Exchange (Deck 6) Forward

10.30pm – SYNDICATE QUIZ

Join one of the Entertainment Team for this traditional cruising general knowledge quiz for teams of up to six players. There's a prize in it for the winning team.

Beach House (Deck 15) Aft, Port Side

11.30pm – LATE NIGHT ADULT COMEDY WITH MICKY ZANY

Our Late Night Adult Comedy is for an adult audience and will contain material & language that pushes the boundaries. Please consider this if you are planning to come along.

Havana (Deck 7) Aft

Midnight-Late – LATE NIGHT CLUB HAVANA SOUNDS

Tonight Havana is the place to be! It's time to dance the night away, as one of your Entertainment Team invites you onto the dance floor for tonight's late night party. Requests and dedications are welcome. (Under 18s must be accompanied by a parent or guardian)

Havana (Deck 7) Aft

Showing today in... The Tamarind Club (Deck 7) Midship



MARRY ME 11.00am

Rated: 12A for some language and suggestive material.

Run time: 1hr 53mins

Starring: Jennifer Lopez, Owen Wilson, Maluma

Music superstars Kat Valdez and Bastian are getting married before a global audience of fans. But when Kat learns, seconds before her vows, that Bastian has been unfaithful, she decides to marry Charlie, a stranger in the crowd, instead.

Showing today in... Arena Theatre (Deck 6 & 7) forward



MOONFALL 1.00pm

Rated: 12A for violence, disaster action, strong language and some drug use

Run time: 2hr 10mins

Starring: Halle Berry, Patrick Wilson, John Bradley

A mysterious force knocks the moon from its orbit around Earth and sends it hurtling on a collision course with life as we know it.

Restaurant Opening Times

Waterside (Deck 15) Midship & Aft	
Continental Breakfast	6.30am - 7.00am
Full English Breakfast	7.00am - 11.00am
Lunch	Noon - 5.00pm
Kids Tea	5.00pm - 6.00pm
Buffet Dinner	6.00pm - 9.30pm
Late Snacks	10.30pm - 1.00am
Bay Tree Restaurant (Deck 6) Aft	
Dinner 1 st sitting (Doors close at 6.45pm)	6.30pm
Dinner 2 nd sitting (Doors close at 8.45pm)	8.30pm
Cinnamon Restaurant (Deck 5) Midship	
Dinner	6.00pm - 9.30pm
Saffron Restaurant (Deck 6) Midship	
Breakfast	7.30am - 9.30am
Lunch	Noon - 2.00pm
Afternoon Tea (Doors close at 3.45pm)	3.30pm - 4.15pm
Dinner	6.00pm - 9.30pm
Poolside (Deck 15) Midship	
Poolside Grill	11.00am - 6.00pm
Poolside Ice Cream	11.00am - 6.00pm
Room Service (Dial 8000 to order)	
Breakfast	6.00am - 11.00am
Day Time Bites	11.00am - 11.00pm
Night Time Bites	11.00am - 6.00am

Speciality Restaurants

The Epicurean at the White Room*	6.00pm - 9.30pm
Sindhu at East* (Dishes are priced individually)	6.00pm - 9.30pm
The Glass House	11.00am - 11.00pm
The Beach House*	6.00pm - 9.30pm
The Epicurean Afternoon Tea	3.00pm - 4.00pm

*Bookings are essential via My Holiday.

Charges apply to Speciality Restaurants.

Bar Opening Times

Tazzine	7.30am - Midnight
Beachcomber	8.00am - 11.00pm
Laguna Bar*	9.00am - 7.00pm
Breakers Bar*	10.00am - 11.00pm
Terrace Bar	9.00am - 11.00pm
The Glass House	10.00am - Midnight
Metropolis	10.00am - Late
The Exchange	10.00am - Late
The Red Bar	10.00am - Late
Tamarind	6.00pm - Late
Havana	7.00pm - Late

* Weather Permitting

Responsible Service Of Alcohol

Guests under 18 years of age will not be served alcoholic beverages nor are they to consume alcoholic beverages in the bars. Guests aged 16-18 may consume alcohol only if accompanied by an adult and dining in a restaurant. Please understand that you may be requested to show identification indicating date of birth.

Shipboard Services

Medical Centre
Please dial 8880 to make an appointment. The appointment line is available from 8.30am-11.00am and 3.30pm-6.00pm. For any medical emergency, please dial 999

Discover more on board...

Shore Experiences (Deck 5) Atrium
Shore Experience accounts will close at noon today. Please visit the Explorers desk prior to this time for any account queries.
9.00am-Noon

Oasis Spa (Deck 16) Forward, Tel: 16229
8.00am-9.00pm

Oasis Spa Gym (Deck 16) Forward
7.00am-7.00pm

Whitewall Galleries (Deck 5) Atrium
10.00am-9.00pm

Fortunes Casino (Deck 6) Forward
Slots: 10.00am-Late
Tables: Noon-Late

The Library & Internet Café (Deck 5) Atrium
8.00am-Noon, 2.00pm-5.00pm & 7.00pm-9.00pm

Loyalty & Cruise Sales Desk (Deck 5) Atrium
8.00am-7.30pm

InMotion (Deck 7) Aft
9.00am-12.30pm & 3.00pm-7.00pm

Tax & Duty-Free Shopping

Atrium Shopping (Deck 5, 6 & 7) Atrium
Enjoy great offers across our stores today.
9.00am-10.00pm

Deck 5 - Perfume and Cosmetics
Deck 6 - Fashion, Accessories, Essentials and Liquor & Tobacco
Deck 7 - Concept Store, Jewellery and Watches

My Holiday

My Holiday Assistance Podiums
Need some help getting the digital pocket planner setup or want to make a booking? We're on hand to help at the blue My Holiday Podiums.

Sports Hub (Deck 16 Midship) above Beachcomber Pool
10.00am-4.00pm

Library (Deck 5 Midship)
8.00am-Noon, 2.00pm-5.00pm & 7.00pm-9.00pm



Opening Times

Splashers (2-4s)
9.30am-Noon & 2.00pm-4.30pm

Surfers (5-8s)
9.30am-Noon & 6.30pm-8.30pm

Scuba/H2O (9-17s)
2.00pm-4.30pm & 9.00pm-11.00pm



Shipboard Information

Electrical Appliances

All cabins are equipped with standard outlets - 13 amp, 240 volts British style socket and 2 - pin 115 /240 volt points for electric razors. Please do not use the electric razor points for any other appliances without first checking with staff at Reception (Deck 6) Atrium. Personal irons should not be used on board due to the fire risk that they present.

Use of Lifts

Out of consideration of your fellow guests, preference is to be given to wheelchair users and other mobility impaired guests for the use of the lifts.

Carbon Footprint - Your footprint on the Water

The open ocean is home to our fleet, so it will come as no surprise that we work to protect our marine environment. One of the many things we do is actively reduce the amount of natural resources that we use, such as fossil fuels and water. To continue the support already given to this cause by our fellow guests, we would ask that you also:

- Reuse your towels wherever possible. If you leave your towels on the rail/rack/hook, your Cabin Steward will fold them for you. When your towels need replacing, please place them in the bath/shower and fresh ones will be supplied.
- Switch off any electrical appliances or lights that you're not using. This will reduce any unnecessary draw on power and thereby use less fuel.
- Reduce the amount of water you use. This will help preserve this precious resource.

Disposal of Batteries

P&O Cruises operates a strict environmental policy regarding the disposal of used batteries. With this in mind, we ask that you hand over your used batteries to your Cabin Stewards. Please do not put batteries in the cabin waste bins.

Casino Cashout Reminder

Before the casino closes tonight, please remember to cash out all your accumulated winnings, casino chips, and "Player Bank" accounts from the slots. There will be no further opportunity to do so upon our arrival in Southampton.

You Can't Take It Home With You...

With one day of your cruise remaining, if you still have any on-board spending money on your account do make sure that you use it up - every last penny! After all, you can't cash it in or roll it over. You can make the most of your on-board spending money anywhere on board (excluding the casino, medical charges, and foreign money exchange).

Say It With Flowers

Adorn your cabin with a spectacular floral arrangement created by Roland our Florist. Or send a bouquet to a loved one or friend on board. The florist is available to speak to every sea day from 10.00am-Noon in the The Photo Gallery (Deck 7) Aft.

To take advantage of this service, come along during these hosted hours or otherwise complete a booking form and place it into the Drop Box at any other time of day.



Terry Price's Stunt Scooter Coaching For Families

Fun and engaging scooter coaching workshops with professional scooter rider Terry Price, bringing your level of skill up and progressing throughout, whether you are a beginner, intermediate or advanced rider. This is a signed out event.
3.00pm Sports Court (Deck 19) Aft



Corney & Barrow White Burgundy Domaine Dominique Cornin 2015

Easy drinking with tropical fruits on the palate accompanied by a mineral acidity and a long, leesy finish. Enjoy with a slice of life on a sunny afternoon, watching the world sail past.

£36 Available at All Bars



Double On-board Spend!

Book any Ventura cruise from May 2022 to March 2024 and we'll double the extra on-board spending money you receive for booking on board. Today is your last chance to visit the Loyalty & Cruise Sales Desk and book your holiday to benefit from our exclusive booking on board benefits including a low £50pp deposit. T&C's apply.

8.00am-7.30pm

Loyalty & Cruise Sales Desk (Deck 5) Atrium



Chinese Herbal Remedies

Chinese herbs are useful for helping with pain, digestion, stress, arthritis, anxiety, weight loss and much more. Safe and effective, herbs heal naturally. Find out why at today's free seminar.
Noon Oasis Spa (Deck 16) Forward



Show Me The Monet

Join your on board Art Experts, Poppy and Charlotte, to find out why more and more people are spending millions on artwork! In this interactive seminar, Poppy will discuss current trends within the art market as well as examine which artists are leading the way within the world of investment... some with over 300% growth in value over a 5 year period!

11.00am Whitewall Galleries (Deck 5) Atrium



Free Drinks

Your free drink awaits! Play the slot machines, fill the drink meter and receive your drink on us. All you have to do is insert your cruise card and accumulate points whilst playing. See the Casino Staff for further details.

10.00am-Late

Fortunes Casino (Deck 6) Forward



40% Off Fine Jewellery

Don't miss out on up to 40% off our selection of Fine Jewellery.

9.00am-10.00pm

Shopping Centre (Deck 6) Atrium



Fancy An Upgrade?

Why not treat yourself to Apple's latest range of products, whether you thinking of a new iPhone that is capable of capturing amazing photos or an iPad, that can take your tablet experience to a new level. Best of all, we can have your device up and ready to go on the same day with all your data transferred from your old device.

9.00am-12.30pm & 3.00pm-7.00pm

Inmotion (Deck 7) Aft

