

DAY 7 Sunday, October 23, 2022 At Sea

GOOD TO KNOW DECK TIME

Entertainment Today with your Cruise Director, Mario	Channel 1	10:00 pm - noon
Junior Cruisers' Curfew		1:00 am

THINGS TO DO DECK TIME

Coffee Chat with an Officer, Royal Esplanade	4	10:00 am - 10:30 am
Friends of Bill W. (Self-led), Manhattan Room	4	10:00 am - 11:00 am
Veteran's Gathering (Self-led), Manhattan Room	4	11:00 am - noon
\$500 Blackjack Tournament (\$), Casino Royale	3	1:00 pm - 2:00 pm
Open Play: Bridge Play (Self-Led), Manhattan Room	4	1:00 pm - 3:30 pm
Premium Wine Tasting (\$), Chef's Table	5	2:00 pm - 4:00 pm
Guess the Weight of the Sculpture, Royal Esplanade	4	3:00 pm - 7:00 pm
Single and Solo Travellers Get Together (Self-led), Vintages	5	5:00 pm - 6:00 pm
Formal Studios Portraits, Royal Esplanade	4	5:00 pm - 10:00 pm
Guess the Weight of the Sculpture, The Via	5	7:00 pm - 8:00 pm
LGBTQIA+ Get Together (Self-led), Vintages	5	7:00 pm - 8:00 pm
\$100 Snowball Raffle Draw (\$), Casino Royale	3	10:00 pm - 10:15 pm

SPA, FITNESS & RETAIL THERAPY DECK TIME

Early Morning Stretch, Vitality Fitness Center	16	7:00 am - 7:30 am
Vitality Stretch, Vitality Fitness Center	16	7:30 am - 7:30 am
Body Sculpting Boot Camp (\$), Vitality Fitness Center	16	8:00 am - 8:45 am
Complimentary Aroma Spa Massage Tasters, Vitality Spa	15	9:30 am - 10:30 am
Jewelry Savings & Deals at Inch of Gold Sale, Royal Esplanade	4	10:00 am - 8:00 pm
Watch Gift Sets \$19.99 Tax & Duty Free, Royal Esplanade	4	10:00 am - 9:00 pm
Get a Free Bon Voyage Bracelet, Prince+Greene	4	10:00 am - 10:00 pm
Save up to 20% on Swiss Timepieces: Clearance Sale, Regalia Fine Watches	4	11:00 am - 10:00 pm
Cartier Swiss Watch Sale Tax & Duty Free, Regalia Fine Watches	4	11:00 am - 10:00 pm
Luxury Leather Event: Chanel & Louis Vuitton, Royal Shops	4	11:00 am - 10:00 pm
Bvlgari Clearance Sale, Bvlgari Boutique	5	11:00 am - 10:00 pm
Seminar: Free Fat away with CoolSculpting, Vitality Spa	15	11:00 am - 11:30 pm
Health Seminar: Eat More To Weigh Less, Vitality Fitness Center	16	11:00 am - 11:45 am
Spa Special: Spa Topia (\$), Vitality Spa	15	Noon - 7:00 am
Seminar: Complimentary Ladies Pamper Party, Vitality Spa	15	1:00 pm - 2:00 pm
Improving Posture, Vitality Fitness Center	16	2:00 pm - 2:45 pm
Nahla Shopping Safari, Regalia Fine Jewellery	4	2:30 pm - 4:00 pm
Complimentary Massage Teasers, Vitality Spa	15	3:00 pm - 4:00 pm
Free Seminar: Non-Surgical Facelift, Vitality Spa	15	4:00 pm - 4:30 pm
Chinese Herbal Remedies, Vitality Spa	15	4:30 pm - 5:00 pm
Total Body Conditioning, Vitality Fitness Center	16	5:00 pm - 5:30 pm
Vitality Stretch, Vitality Fitness Center	16	6:00 pm - 6:30 pm
Your Photo on 3D Crystal, Focus Photo Gallery	5	7:00 pm - 10:00 pm

ENTERTAINMENT DECK TIME

Interdenominational Service with Father Dave, Music Hall	3	8:00 am - 8:45 am
Stretch in the Morning, Two70°	5	8:30 am - 9:00 am
Open Play Pickleball, Sports Court	15	8:30 am - 11:00 am
Get Up n Dance Fit, Two70°	5	9:00 am - 9:30 am
Walk a Mile, Jogging Track	15	9:00 am - 9:30 am
Morning Mass with Father Dave, Music Hall	3	9:00 am - 9:45 am
Technical Talk with our Chief Engineer, Two70°	5	9:30 am - 10:00 am

ENTERTAINMENT DECK TIME

Morning Crosswords Challenge, Schooner Bar	5	9:30 am - 10:00 am
Morning Progressive Quiz: Round #4, Two70°	5	10:00 am - 10:45 am
Arts & Crafts: Pop Up Box Craft, Schooner Bar	5	10:00 am - 11:00 am
Advanced Stand-Up Surfing, FlowRider	16	10:00 am - noon
North Star, (RR), North Star	15	10:00 am - 5:00 pm
Family Trivia, Music Hall	3, 4	10:15 am - 11:00 am
Cash Prize Royal Bingo: Cards on Sale, Two70°	5	10:30 am - 11:30 am
Family Cornhole Challenge (Sign Ups Open 15 mins before), SeaPlex	15	11:15 am - noon
Battle of the Sexes Quiz, Schooner Bar	5	11:30 am - 12:15 pm
Cash Prize Royal Bingo: Games Begin, Two70°	5	11:30 am - 12:30 pm
Mixed Wave, FlowRider	16	Noon - 2:00 pm
Family Rock Climbing, Rock Climbing Wall	15	Noon - 3:00 pm
Arts & Crafts: Scrapbooking (\$), Schooner Bar	5	12:30 pm - 1:30 pm
Enrichment Lecture with Douglas Vermeeren - Developing a Prosperity Consciousness, Two70°	5	1:00 pm - 1:45 pm
Selfie Scavenger Hunt, Music Hall	3, 4	1:00 pm - 1:45 pm
Name That Tune: Animated Tunes, Schooner Bar	5	2:00 pm - 2:30 pm
Beach Party Line Dance Class, Two70°	5	2:00 pm - 2:30 pm
Five Second Rule Game, Music Hall	3, 4	2:00 pm - 2:45 pm
Family Basketball Free Throw Competition,	15	2:15 pm - 3:00 pm
Name that Tune Live, Royal Theatre	4, 5	2:30 pm - 3:30 pm
Scattergories, Schooner Bar	5	3:00 pm - 3:30 pm
Enrichment Lecture with William & Sue - Presidents and their First Ladies: John and Abigail Adams, Music Hall	3, 4	3:00 pm - 3:45 pm
A Royal Story Part 1, Two70°	5	3:00 pm - 4:00 pm
Bumper Cars, SeaPlex	15	3:30 pm - 6:00 pm
Pictionary Challenge, Schooner Bar	5	4:00 pm - 4:30 pm
Musical Theatre Visual Quiz, Music Hall	3, 4	4:00 pm - 4:30 pm
Name That Tune: Broadway, Two70°	5	4:15 pm - 5:00 pm
Cocktails Trivia, Schooner Bar	5	5:00 pm - 5:30 pm
Family Scavenger Hunt, Adventure Ocean Voyager Room	12	5:15 pm - 6:00 pm
Movie: Morbius, PG-13, Pool Deck	14	6:00 pm - 7:45 pm
Evening Progressive Quiz: Round 6, Music Hall	3, 4	7:00 pm - 7:30 pm
Spectra's Cabaret (RR), Two70°	5	7:00 pm - 7:50 pm
Open Play Basketball (Half Court), SeaPlex	15	7:00 pm - 10:00 pm
Open Play Soccer (Half Court), SeaPlex	15	7:00 pm - 10:00 pm
Headliner Showtime: Beatles Celebration, Royal Theatre	4, 5	8:00 pm - 8:50 pm
Family Karaoke Power Hour, Boleros	4	8:15 pm - 9:15 pm
Pub Quiz, Pub	4	8:30 pm - 9:00 pm
The Weakest Link, Music Hall	3, 4	9:00 pm - 9:30 pm
Spectra's Cabaret (RR), Two70°	5	9:00 pm - 9:50 pm
Headliner Showtime: Beatles Celebration, Royal Theatre	4, 5	10:00 pm - 10:50 pm
Late Night Karaoke, Pub	4	10:00 pm - 11:30 pm
Blankety Blank Game Show, Music Hall	3, 4	10:30 pm - 11:15 pm

LIVE MUSIC DECK TIME

Latin Dance Music with Marakas, Boleros	4	5:30 pm - 6:15 pm
Evening Piano Melodies with Mickey Shteinberg, Schooner Bar	5	5:45 pm - 6:30 pm
Latin Dance Music with Marakas, Boleros	4	7:15 pm - 8:00 pm
Caribbean Tunes with Tropical Band, Music Hall	3, 4	7:45 pm - 8:45 pm
Piano & Vocal Entertainment with Perry Grant, Schooner Bar	5	9:00 pm - midnight*
Caribbean Tunes with Tropical Band, Music Hall	3, 4	9:30 pm - 10:30 pm
Latin Dance Music with Marakas, Boleros	4	9:45 pm - midnight*
Caribbean Tunes with Tropical Band, Music Hall	3, 4	11:15 pm - 11:45 pm
Nightclub Experience with DJ Hei Dou (18+), Music Hall	3, 4	11:45 pm - late

*Entertainers will take periodic breaks.

**Weather permitting.

(RR) Reservations Required

If you are experiencing any of the symptoms below, do not leave your stateroom and call the Medical Center immediately at extension 51 to make an appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue, Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

