

DAY 6

Saturday, October 22, 2022
At Sea

GOOD TO KNOW

	DECK	TIME
Entertainment Today with your Cruise Director, Mario	Channel 1	10:00 pm - noon
Junior Cruisers' Curfew		1:00 am
Time Change: One (1) Hour Back		2:00 am

THINGS TO DO

	DECK	TIME
Coffee Chat with the Officers, Esplanade	4	10:00 am - 10:30 am
Friends of Bill W. (Self-led), Manhattan Room	4	10:00 am - 11:00 am
Poker Sit'n'Go Tournament, Casino Royale	3	11:00 am - noon
Veteran's Gathering (Self-led), Manhattan Room	4	11:00 am - noon
NextCruise Alaska by Land and Sea Talk, Music Hall	3	11:30 am - 12:15 pm
Sake and Roll, Izumi Restaurant (\$)	5	Noon
Feast of Flavor, Wonderland (\$)	5	Noon
Open Play: Bridge Play (Self-Led), Manhattan Room	4	1:00 pm - 3:30 pm
Mixing up the Decades (\$), Boleros	4	3:00 pm - 4:00 pm
Guess the Weight of the Sculpture, Royal Esplanade	4	3:00 pm - 7:00 pm
Thomas Kinkade Exhibition, Art Gallery	5	4:00 pm - 9:00 pm
Single and Solo Travellers Get Together (Self-led), Vintages	5	5:00 pm - 6:00 pm
Casual Portrait Studios, Royal Esplanade	4	6:00 pm - 10:00 pm
Guess the Weight of the Sculpture, The Via	5	7:00 pm - 8:00 pm
LGBTQIA+ Get Together (Self-led), Vintages	5	7:00 pm - 8:00 pm
\$100 Snowball Raffle Draw (\$), Casino Royale	3	10:00 pm - 10:15 pm

SPA, FITNESS & SHOPS

	DECK	TIME
Early Morning Stretch, Vitality Fitness Center	16	7:00 am - 7:30 am
Path way to Yoga (\$), Vitality Fitness Center	16	8:00 am - 8:45 am
Ryde Indoor Cycling (\$), Vitality Fitness Center	16	9:00 am - 9:45 am
Complimentary Massage Tasters, Vitality Spa	15	9:00 am - 10:00 am
Jewelry Savings & Deals at Inch of Gold Sale, Royal Esplanade	4	10:00 am - 8:00 pm
\$10 Fashion Accessories Sale, Buy 3 Get 1 Free, Royal Esplanade	4	10:00 am - 9:00 pm
Health Seminar: Burn Fat Faster, Vitality Fitness Center	16	11:00 am - 11:45 am
EHNY Designer Jewelry Showcase, Regalia Fine Jewellery	4	11:00 am - noon
Seminar: Acupuncture Demo, Vitality Spa	15	11:00 am - noon
See the New Bvlgari Collection, Bvlgari Boutique	5	11:00 am - 10:00 pm
Omega Swiss Watch Sale Tax& Duty Free, Regalia Fine Watches	4	11:00 am - 10:00 pm
Seminar : Say Goodbye to Signs of Aging, Vitality Spa	15	11:30 am - noon
Complimentary Massage Tasters, Vitality Spa	15	3:00 pm - 4:00 pm
Effy Shopping Spree, Regalia Fine Jewellery	4	3:00 pm - 4:00 pm
Complimentary Acupuncture Consultations, Vitality Spa	15	4:00 pm - 4:30 pm
Seminar: A Slimmer You with Cool Sculpting, Vitality Spa	15	5:00 pm - 5:30 pm
Vitality Stretch, Vitality Fitness Center	16	6:00 pm - 6:30 pm
Signature Collection Preview, Regalia Fine Jewellery	4	8:30 pm - 9:30 pm

ENTERTAINMENT

	DECK	TIME
Stretch in the Morning, Two70°	5	8:30 am - 9:00 am
Open Play Pickleball, SeaPlex	15	8:30 am - 11:00 am
Morning Mass with Father Dave, Music Hall	3	8:45 am - 9:30 am
Walk a Mile, Jogging Track	15	9:00 am - 9:30 am
Sit To Be Fit, Two70°	5	9:00 am - 9:45 am
Extreme Sudoku Challenge, Schooner Bar	5	9:30 am - 10:00 am
Morning Progressive Quiz: Round #3, Two70°	5	10:00 am - 10:30 am
Visual Trivia: Text Twister Movies, Music Hall	3, 4	10:00 am - 10:30 am
Family Rock Climbing, Rock Climbing Wall	15	10:00 am - noon
Advanced Stand-up Surfing, FlowRider	16	10:00 am - noon
North Star Extended Experience, (RR) (\$), North Star	15	10:00 am - 5:00 pm

ENTERTAINMENT

	DECK	TIME
Airline Logo Quiz, Schooner Bar	5	10:15 am - 10:45 am
Salsa Dance Class, Two70°	5	10:45 am - 11:30 am
Veteran's Tribute, Music Hall	3, 4	11:00 am - 11:15 am
French for Beginners Class #2, Schooner Bar	5	11:00 am - noon
Family Doubles Table Tennis (Sign Ups Open 15 mins before), SeaPlex	15	11:15 am - 12:15 pm
Towel Folding Demonstration: Guests -V- Officers, Two70°	3, 4	Noon - 12:45 am
Arts & Crafts: Jewelry Making (\$), Schooner Bar	5	Noon - 1:00 pm
Bumper Cars, SeaPlex	15	Noon - 2:30 pm
Mixed Wave, FlowRider	16	Noon - 3:00 pm
Enrichment Lecture with Douglas Vermeeren - How Thoughts Become Things, Two70°	5	1:00 pm - 1:45 pm
Harry Potter Trivia, Music Hall	3, 4	1:00 pm - 1:45 pm
Arts & Crafts: Origami, Schooner Bar	5	1:15 pm - 2:00 pm
Brain Boggler Quiz, Schooner Bar	5	2:00 pm - 2:30 pm
Visual Quiz: Famous Couples Music Hall	3, 4	2:00 pm - 2:45 pm
Teen Penalty Shootout Competition, SeaPlex	15	2:00 pm - 3:00 pm
70's Line Dance Class, Two70°	5	2:15 pm - 3:00 pm
Enrichment Lecture with William & Sue - Presidents and their First Ladies: George and Martha Washington, Music Hall	3, 4	3:00 pm - 3:45 pm
Guests VS Crew Pool Volleyball Competition (Sign Ups Open 15 mins before), Pool Deck	14	3:00 pm - 3:45 pm
Afternoon Quiz, Schooner Bar	5	3:00 pm - 3:45 pm
Advanced Stand-Up Surfing, FlowRider	16	3:00 pm - 5:00 pm
Adult Soccer Competition, SeaPlex	15	3:15 pm - 4:00 pm
Hush! Silent Party, Two70°	5	3:30 pm - 5:00 pm
Anthem of the Seas Trivia, Schooner Bar	5	4:00 pm - 4:30 pm
Ultimate Friends Quiz, Music Hall	3, 4	4:00 pm - 4:45 pm
Adult Basketball 3 on 3 (Sign Ups Open 15 mins before), SeaPlex	15	4:15 pm - 5:00 pm
Pre-Recorded Ballroom & Latin Dance Hour, Music Hall	3, 4	5:00 pm - 6:00 pm
Open Play Basketball (Half Court), SeaPlex	15	5:00 pm - 10:00 pm
Open Play Football (Half Court), SeaPlex	15	5:00 pm - 10:00 pm
Family Muffalo Potato, Adventure Ocean Voyager Room	12	5:15 pm - 6:00 pm
Name That Tune: 70's Hits, Two70°	5	5:30 pm - 6:15 pm
Pub Quiz, Pub	4	6:00 pm - 6:30 pm
Movie: Dog, PG-13, Two70°	5	6:30 pm - 8:12 pm
Production Showtime: The Gift, Royal Theatre	4, 5	7:00 pm - 7:45 pm
Evening Progressive Quiz: Round 5, Music Hall	3, 4	7:00 pm - 7:45 pm
All Comers Karaoke, Boleros	4	8:15 pm - 9:15 pm
If You Know It, Dance It! Game Show, Music Hall	3, 4	8:45 pm - 9:30 pm
Production Showtime: The Gift, Royal Theatre	4, 5	9:00 pm - 9:45 pm
70's Pre-Party, Two70°	5	9:30 pm - 10:30 pm
70's Disco Inferno Party!, Two70°	5	10:30 pm - 11:05 pm
70's After Party, Two70°	5	11:05 pm - 11:30 pm

LIVE MUSIC

	DECK	TIME
Caribbean Tunes with Tropical Band, Pool Deck	14	1:00 pm - 1:45 pm**
Caribbean Tunes with Tropical Band, Boleros	4	4:30 pm - 5:15 pm
Caribbean Tunes with Tropical Band, Boleros	4	5:30 pm - 6:15 pm
Evening Guitar Melodies with Phil James,		
Featured Guitarist of 'We Will Rock You', Schooner Bar	5	5:45 pm - 6:30 pm
Caribbean Tunes with Tropical Band, Boleros	4	7:00 pm - 7:45 pm
The Dukes LIVE, Music Hall	3, 4	7:45 pm - 8:45 pm
Piano & Vocal Entertainment with Perry Grant, Schooner Bar	5	9:00 pm - midnight*
Guitar & Vocal Entertainment with Sebastian Tree, Pub	4	9:00 pm - 12:15 am*
Latin Dance Music with Marakas, Boleros	4	9:15 pm - midnight*
The Dukes LIVE, Music Hall	3, 4	9:45 pm - 11:45 pm*
Nightclub Experience with DJ Hei Dou (18+), Music Hall	3, 4	11:45 pm - late

*Entertainers will take periodic breaks.

**Weather permitting.

RR (Reservations Required)

If you are experiencing any of the symptoms below, do not leave your stateroom and call the Medical Center immediately at extension 51 to make an appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue; Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

