

ACTIVITIES

TIME	VENUE	WHAT'S ON
All day	Cabin TV (Ch.4)	CDTV with Cruise Director Jonny & Assistant Cruise Director Liam
09.00	The Electric Rooms, Deck 12	Yogalates with your Fun Fit Host Millie
10.00 10.15	Pool Deck, Deck 11 Atrium, Deck 5	Aquafit Class with your Fun Fit Host Millie Ship Tour with your Entertainment Hosts
10.30	Broadway Show Lounge, Deck 7	Port Showcase: Join your Destination Experiences Team for the low down on all this weeks upcoming ports of calls
11.00	Pool Deck, Deck 11 The Arts House, Deck 6	Morning Trivia with your Entertainment Host Charcoal Drawing: Arts & Crafts fun with your Entertainment Hosts
11.45 12.15 13.00	Pool Deck, Deck 11	Acupuncture Demo from your Oceans Spa Team Marella Music Café: So Sixties Deck Game: Ladderball
13.00	Atrium, Deck 5	Murder Mystery: There's certainly something fishy going on there... Speculate as the jury in our very own onboard murder mystery featuring some very special characters
14.30	Pool Deck, Deck 11 Cinema, Deck 6	Afternoon Trivia with your Entertainment Hosts Afternoon Movie: Downton Abbey 2
15.00	The Summer House, Deck 11 Squid & Anchor, Deck 7	Relax in the sunshine with a cocktail, to the sounds of The Jones Line Dancing Class with your Fun Fit Host Millie
15.00	Pool Deck, Deck 11	Alphababble: It's all about the letters, quizzical fun with our Entertainment Hosts
16.00	The Electric Rooms, Deck 12	80's Dance Fit Class with your Fun Fit Host Millie
16.00	Pool Deck, Deck 11 The Arts House, Deck 6	Live Music on deck from house band 4 Tunes Painting With Wine: Arts & Crafts fun with your Entertainment Hosts
16.30	Squid & Anchor, Deck 7	Sports & Film Memorabilia Sale: Your chance to take home some exclusive signed memorabilia The Toughest Quiz of the Cruise: Calling all hardcore quizzers, daily tough challenge
17.00	The Electric Rooms, Deck 12	Sunset Stretches with your Fun Fit Host Millie
17.30	Squid & Anchor, Deck 7	Bingo: Tickets on sale 16.45-17.15 in Squid & Anchor

SHIP EMERGENCY NUMBER:

+441224338952

TIME TO BE BACK ONBOARD:

At Sea

Deals Of The Day

Everyday this cruise, we bring you new special offers and discounts you just can't beat! Join Luciana in the Beauty Shop at 15.00 for a make up demonstration with Diego Dalla Palma Italian cosmetics and learn all the tricks of the trade and take advantage of our buy one, get one 25% off promotion on all beauty products.

Broad Street Shops (Deck 7)

09.00-22.00

20% off Superdry, Lacoste, Barbour and RayBan! Today only

Shopping

Acupuncture For Pain Relief

Start feeling better today with acupuncture for joint pain, neck pain, back pain, sciatica, arthritis and much more. Head to the Oceans Spa to book a chat with your pain specialist John to see how he can help.

Oceans Spa (Deck 11)

08.00-22.00

Visit our luxurious spa thermal area with saunas, steam rooms, relaxation lounges & our very own Oceans Spa Terrace

Pampering

We Love Our Portraits Tonight!

We'll be set up at the best spots around the ship for some impromptu photographs tonight on Deck 6 aft. Just pop by and strike a pose!

Photo Gallery (Deck 7)

09.00-13.00

Get your photo with the Captain. Squid & Anchor, Deck 7, 20.00

Remembering

The Electric Rooms Fun Casino

The team are ready to guide you through our fun learning sessions of Roulette, Black Jack & Stud Poker. Only £8 for 20 chips! Texas Poker starts at 15.00!

The Electric Rooms Casino (Deck 12)

13.30-17.00
21.00-Late

13.30 - 17.00 Learning Lessons
15.00 Texas Hold'em Tournament

Gaming

Silver Fork

This speciality restaurant's another Marella Voyager exclusive. The menu lines up a stack of British favourites like beef wellington, all with an up-to-date flare plus, you can opt for a seven-course tasting menu that is available till 20.00. There's a charge to dine here, and we recommend you make a reservation in advance. As for the dress code, it's Smart.

Silver Fork (Deck 5)

18.30-21.00

Call 7300 for Room Service. Charges apply

Indulging

Solo Lunch & Drinks

Come and meet your fellow Solo Travellers along with your Guest Experience Coordinators David & Matty in Latitude 53 at 12:30 - please register at Reception before 11.00. If you can't make it pop along to meet everyone for a pre-dinner drink at 18:30 in The Arts House, Deck 6.

Guest Experience Desk (Deck 5)

09.30-10.30
18.00-18.30

Pre-Order your Celebration Cake today! Delivered to a restaurant of your choice. £19. We need 24 hours notice

Enhancing

CRUISE HOLIDAY STORE

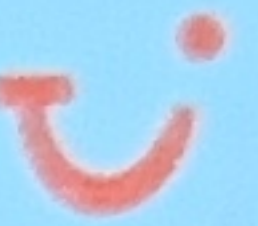
Exclusive Onboard Offer: Save An Extra £200 On Selected Winter Sailings!

We're giving you an extra £200 off all sailings departing between October & December 2023. That's along with our exclusive onboard booking offer of a free pre-booked cabin, up to £75pp onboard credit and the online price*. Deposits start from £100pp. *T&Cs apply.

Be Stunned By Kotor's Dramatic Sail-in

The scenery here will have your jaw dropping to the floor the moment you arrive. Hop on to Adriatic Explorer on Marella Explorer next summer, plus you'll be treated to £100 off exclusively when you book on Marella Voyager. Visit the team at Cruise Holiday Store, Deck 6 (opposite the Cinema) Opening times: 17.00-20.00

CRUISE NEWS



MARELLA CRUISES

Sunday 9th July 2023

Magic of Spain

Enjoy your

Day At Sea

Cruising...

The word 'cruising' originally comes from the Dutch word 'kruisen' which literally means to cross. In 1835, Arthur Anderson proposed the idea of sailing for pleasure as a passenger on an ocean-going vessel. During the first half of the twentieth century, opulent liners were built to serve the passengers travelling between Europe and North America. Bigger and better ships were built and they competed to make the fastest crossing of the Atlantic. They raced for the Blue Riband trophy. In the 1930's cruise schools were introduced and by the 1960's they had become very popular with two school cruise ships offering year round programmes.

Today cruising is as healthy as it ever was and is growing in popularity.

Dress To Impress

Tonight is the night we have all been waiting for... put on your gladdest of glad rags, your sparkliest dress, or your most daring pocket square, as tonight is **Dress to Impress** night! Enjoy the enhanced dining in the main restaurant, get snapped by the on-board paparazzi, be introduced to Captain Derek and the senior team, enjoy the fabulous show team in action, and everything else we can throw at the night.

Tonight's Performance

Marella Voyager Show Cast Presents...
Busby

Taking inspiration from the iconic choreographer Busby Berkeley, this beautiful show celebrates the best of traditional theatre from that golden era
20.30 & 22.30 - Doors open 30 minutes before

PORT INFO

At Sea

WEATHER

Temperature: 31°
Outlook: Partly Cloudy
Sunrise: 06.50
Sunset: 21.30

CURRENCY

Exchange your British pounds to Euros at Reception Deck 5

WHERE & WHEN

Reception Deck 5 - Mid ship	Open 24 hours Please call 5555
Destination Experiences Deck 5 - Mid ship	09.30-20.00
Cruise Holiday Store Deck 6 - Mid ship	17.00-20.00
Bike Desk Deck 5 - Mid ship	09.30-13.00 17.00-20.00
Broad Street Shops Deck 7 - Mid ship	09.00-22.00
Broadway Show Lounge Decks 6 & 7 - Fwd	20.30 22.30
Oceans Spa Deck 11 - Fwd	08.00-22.00
Oceans Gym Deck 12 - Fwd	07.00-20.00
Photo Gallery Deck 7 - Mid ship	10.00-13.00
The Electric Rooms Casino Deck 12 - Fwd	13.30-17.00 21.00-late
Mini Golf Deck 10 - Aft	10.00-21.00
Swimming Pools Deck 11 - Mid ship	08.00-19.00
Medical Centre Deck 4 - Fwd	08.30-10.00 18.00-19.30

The Kitchens	Deck 11	Bakery/Savouries	06.30-18.00
The Kitchens	Deck 11	Breakfast	07.00-11.00
Latitude 53	Deck 5	Breakfast	08.00-10.00
The Kitchens	Deck 11	Lunch	11.30-14.00
Snack Shack	Deck 11	Lunch	11.00-18.00
Nonna's	Deck 11	Lunch	11.30-17.00
Abuela's	Deck 11	Lunch	11.30-17.00
Latitude 53	Deck 5	Lunch	12.00-14.00
The Kitchens	Deck 11	Afternoon Tea	15.00-17.00
Platter*	Deck 7	Dinner	15.00-20.00
The Kitchens	Deck 11	Dinner	18.00-21.00
Latitude 53	Deck 5 & 6	Dinner	18.00-21.00
Vista	Deck 5	Dinner	Closed
Silver Fork*	Deck 5	Tasting Menu	18.30-20.00
Silver Fork*	Deck 5	Dinner	18.30-21.00
Surf & Turf*	Deck 7	Dinner	18.00-21.00
Kora La*	Deck 7	Dinner	18.30-21.00
Abuela's	Deck 11	Dinner	18.30-21.00
Nonna's	Deck 11	Dinner	18.30-21.00
The Kitchens	Deck 11	Late Night Snack	22.00-00.00
Room Service*	24 hours		
Book on Navigate (use the "My Cabin" option)			
*charge applies			

CRUISE NOTICEBOARD

The Explore Ashore On Two Wheels...
We've got a great selection of e-bike tours available this cruise, taking you to some wonderful places. All of our bikes are now electric as standard and they're a great way to explore our ports of call. Take a look at Navigate for more information, and book with one of our Bike Guides Darragh or Jake at the Bike Desk, Deck 5.

Sunbeds
Whilst we know you all want to enjoy the benefits of the sunshine for the day at sea, please give up some space for another person to enjoy the fresh air too. We do have a reservation policy and our staff will be around to issue timed tickets for beds that are not occupied for 45 minutes. Belongings will be brought to the Reception desk, Deck 5.

Broad Street Shops
10.00 Introduction to TAG Heuer - TAG Lounge
11.00 Welcome to the World of Kallati - Jewellery Shop
15.00 Make up demonstration - Beauty Shop
17.00 Tanzanite presentation - Jewellery Shop

Oceans Spa
07.30 Morning stretch - Oceans Gym
08.00 Fab Abs - Oceans Gym
08.30 Pathway to yoga £7 - Oceans Gym
09.30 Spin class £7 - Oceans Gym
10.30 Science behind acupuncture - Oceans Spa
11.00 Secrets to flatter stomach - Oceans Gym
11.45 Acupuncture live demo & Spa raffle - Pool Deck
14.30 Instant wrinkle solutions - Oceans Spa
15.00 Pamper party - Oceans Spa
15.30 Hip, back and knee pain solutions - Oceans Gym
16.30 Arthritis and back pain solutions - Oceans Spa
18.00 Evening stretch - Oceans Gym

SHORE EXCURSIONS

Port Showcase - 10.30, Broadway Show Lounge
Join our Destination Experiences team in the Broadway Show Lounge (Deck 7) at 10.30 this morning as they talk through our upcoming ports of call and excursions on offer this cruise in our Port Showcase. Plus, they'll give you the low-down on the best things to see and do ashore. If you pre-booked any excursions in the UK, we recommend coming along to find out what to expect and to ensure the excursions you've booked are the right ones for you.

Last Minute Availability For Gibraltar: The Rock Tour
Discover the Rock, which rises nearly 1,400ft above sea level - along with a visit to meet Gibraltar's most respected residents, the 'Barbary Apes', a breed of tail-less and quite cheeky monkeys that roam free on the rocky slopes. You'll also pass over the only runway in Europe that has to stop vehicles for aircraft, and you'll get to see Europa Point - the southernmost point of Gibraltar and the only Trinity Lighthouse outside Britain. 1.45 hours approx. | £46 per adult, £26 per child.

Just so you know... spaces are limited on excursions in Gibraltar and Cadiz including our Seville On Your Own transfer-style excursion. Take a look at Navigate or the kiosks for full excursion details and book today during our Day at Sea to avoid any disappointment.

WHAT TO DRINK

Bar Opening Hours

The Coffee Port	Deck 6	07.00-22.00
Pool Bar	Deck 11	09.00-22.00
The Shack	Deck 12	10.00-19.00
The Summer House	Deck 11	10.00-00.00
Flutes	Decks 5 & 6	17.00-22.00
The Arts House	Deck 6	11.00-00.00
Squid & Anchor	Deck 7	13.00-01.00
Aperitif	Deck 7	17.00-23.00
The Exchange	Deck 8	22.00-00.00
The Electric Rooms	Deck 12	17.00-02.00

Upgrade To The Premium Drinks Package... 6 Nights £80 Per Person

- All drinks from the Coffee Port
- Additional beers and ciders
- Premium gins, vodkas, rums and tequilas
- More choice of whiskies
- 1.5 litre bottle of water delivered to your cabin each day

*All guests with the same cabin number and booking reference must sign up for the package.

Wine Tasting: 14.00 At Aperitif, Deck 7
The Wine Tasting event is a great opportunity to improve your wine knowledge and enjoy tasting some of the wines offered on board. Please note: This event is only for guests over 18. Make a reservation at the coffee port up to Noon today. Supplement charge £9.95* per person.

FAMILY



M Club (3-11 years) Deck 9 Aft
M Crew Day

09.00-11.00 Captain Mac's Art Attack
15.00-17.00 Quack's Crazy Games
19.30-21.30 M Crew Party



Mini M Club (under 3's) Deck 9 Aft
Open for families to use from 09.00 - 21.00

Hideout (12-17 years) Deck 12
HIDE OUT Hideout is a cool hangout spot open for teens 09.00 - 21.30
Teens Welcome Session 13.00 - 14.00 in Hideout

MEET THE TEAM



Captain Derek
Master

Captain Derek lives in Chirside, in the Scottish Borders, the home of the racing legend Jim Clark. His hobbies include scuba diving, a spot of amateur DJing and football. He proudly supports the most successful football club in the World and is a UEFA certified goalkeeping coach for the local under 8's team. His career started with a cadetship on tankers working for Shell International Trading and Shipping Company where he later sailed as Third Officer and Fourth Engineer. His next step brought him to the cruise industry as a Third Officer with P&O Princess Cruises. Captain Derek was awarded his first command on Ventura in October 2014. Having worked with a various cruise lines and Maritime UK to improve seafarer's mental health provision, he joined Marella Cruises in April of 2023.

SPECIAL MESSAGES

Happy 18th Birthday
Callum
From Mum Dad Emily,
Gran & Grandad

To Derek Smith,
Happy Birthday
to a wonderful Husband,
Dad and Grandad

If you would like your message featured here, speak to your friendly Reception team

ENTERTAINMENT

TIME	VENUE	WHAT'S ON
18.30	Flutes, Deck 5	Sam Griffiths is at the piano with all your favourite songs
18.00 - 22.00	Deck 6	Dress To Impress Portraits with your Photo Team
19.15	The Arts House, Deck 6	The Jones are back with more laid back tunes
19.45	Flutes, Deck 5	Sit back and enjoy the sounds of Georgia Pepper
20.00	Squid & Anchor, Deck 7	Captain's Welcome: A chance to mingle with the stripes. Captain Derek and his senior team gather to welcome you onboard.
20.00 20.15	Cinema, D6 The Arts House, Deck 6	Evening Movie: Downton Abbey 2 Relax with a cocktail to the sounds of Waves Duo
20.30	Broadway Show Lounge, Decks 6 & 7	Marella Show Cast Presents... Busby: Taking inspiration from the iconic choreographer Busby Berkeley, this beautiful show celebrates the best of traditional theatre from that golden era
20.45	Flutes, Deck 5 Squid & Anchor, Deck 7	Enjoy the sounds of Georgia Pepper Live music to get you on dance floor, with 4 Tunes
21.15	The Arts House, Deck 6	Live music to enjoy with a drink, with Peter Cox
21.30	Pool Deck, Deck 11	Moonlight Movie: Top Gun - Maverick (weather permitting)
21.45	Squid & Anchor, Deck 7	Anyone Will Do: Two pairs battle it out to be crowned 'The Couple of the Cruise'. The only problem is... they have never even met!
22.00	The Summer House, Deck 11	Waves Duo are back to entertain you
22.15	The Arts House, Deck 6	All your favourite songs, with Peter Cox
22.30	Broadway Show Lounge, Decks 6 & 7	Marella Show Cast Presents... Busby: Taking inspiration from the iconic choreographer Busby Berkeley, this beautiful show celebrates the best of traditional theatre from that golden era
22.45	Squid & Anchor, Deck 7	Enjoy a cocktail or two with live music from 4 Tunes
23.00	The Electric Rooms, Deck 12	Silent Disco: It's Then vs Now. Which playlist will you pick to dance to?
23.15	The Arts House, Deck 6	Enjoy a late night cocktail to the chilled sounds of The Jones
23.30	Squid & Anchor, Deck 7	Late night tunes with Waves Duo
01.00	The Electric Rooms, Deck 12	Late Night Disco: After midnight, The Electric Rooms is an over 18's area